Join us for our 4th Community-Wide Mitzvah Day and make a difference.

We will come together as a Jewish community to work jointly on numerous mitzvah projects benefitting a wide range of local and worldwide recipients.

Many of this year’s projects connect our community to the people of Israel by supporting Israeli communities and institutions.

We will end the day at North Hempstead Beach Park celebrating Israel’s independence and culture at Israelfest.

Mitzvah Day brings us all together: a chance to be with family, to meet new friends and to brighten the day of someone in need.

Bring friends and encourage your children to do the same.

Non-affiliated members of our community are warmly welcomed.
Co-Chairs

The Community Synagogue
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Port Washington, NY 11050
883-3144
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Amy Sirotkin amysir3@aol.com

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Chabad of Port Washington
80 Shore Road
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Suzanne Kolen suzannekolen@gmail.com
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Sponsors

Alper’s Hardware
Apple & Eve
Bagel Boss Café of Roslyn
Bayles Garden Center and Nursery
Country Cleaners
Dr. Corey Goldstein
Harman Beads
Arnie Herz
Dr. Doron Keren
The Knitting Place
Masterpiece Printers
Maxons Restorations
Minuteman Press of Port Washington
North Shore Farms
Ovation in Store
Raindew
Dr. Glen S. Ruben and Dr. Alec Ganci
SpecialTies
Stop N’ Shop
The Training Station
Tindel Windows
Viki’s Granola

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Susie Orenstein
Leah Siskin
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**Schedule**

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event Description</th>
</tr>
</thead>
</table>
| 9:30 - 10:00 am | The Community Synagogue  | **MITZVAH DAY KICK-OFF**  
Enjoy a bagel breakfast with friends from neighboring synagogues. Receive a Mitzvah Day t-shirt and project information. |
| 10:00 - 10:30 am | The Community Synagogue  | **OPENING – One Mitzvah Leads to Another Mitzvah**  
Join Rabbi Irwin Zeplowitz, Rabbi Danny Burkeman, Cantor Claire Franco, Rabbi Michael Mishkin, Cantor Eric Schulmiller, Rabbi Alyssa Mendelson Graf, Rabbi Shalom Paltiel, and representatives of Chevrat Tefillah as they welcome and inspire Mitzvah Day volunteers. |
| 10:30 - 1:00 pm | Various Locations         | **MITZVAH PROJECTS**  
Volunteer! Over 40 mitzvah projects, drives and events to participate in.  
All ages welcome. |
| 1:00 pm     | Bar Beach, North Hempstead Beach Park | **ISRAELFEST**  
Join our entire community to celebrate Yom Ha’atzmaut, Israel’s 68th birthday. Enjoy Israeli food, music, games and much more! Look for the Mitzvah Day banner and attend the Closing Ceremony at 1:30 pm.  
Admission and parking is free. |
<table>
<thead>
<tr>
<th>Mitzvah Project Name</th>
<th>Synagogue(s)</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mahjongg (and Canasta) for Mitzvah Day</td>
<td>Chabad of Port Washington</td>
<td>Join together with congregants from neighboring synagogues for an evening of games and dessert. $36 minimum donation utilized to fund Mitzvah Day. Visit <a href="http://www.commsyn.org">www.commsyn.org</a> to sign up.</td>
</tr>
<tr>
<td>Get Fit for Mitzvah Day</td>
<td>Chabad of Port Washington</td>
<td>Nathan Blake will be leading a Zumba/Cardio class to get us ready for Mitzvah Day! $18 minimum donation to fund Mitzvah Day. Visit <a href="http://www.commsyn.org">www.commsyn.org</a> to sign up.</td>
</tr>
<tr>
<td>Brown Bag Lunches</td>
<td>Community Synagogue, Reconstructionist Synagogue</td>
<td>Make sandwiches and assemble healthy lunches for distribution by The Interfaith Nutrition Network (INN), Port Washington Senior Center and the EOC (Economic Opportunity Council.)</td>
</tr>
<tr>
<td>Lasagnas To Go</td>
<td>Community Synagogue, Temple Beth Israel</td>
<td>Prepare lasagnas to be shared with the less fortunate. Distributed to the local community by Parent Resource Center, Port Washington Senior Center, EOC, Gural JCC Kosher Food Pantry, a UJA-Federation beneficiary agency.</td>
</tr>
<tr>
<td>The Mitzvah of Challah</td>
<td>Community Synagogue, Chabad</td>
<td>Learn to bake challah to be enjoyed by patients of North Shore-Long Island Jewish Medical Center/Northwell Health and Sands Point Nursing Home.</td>
</tr>
<tr>
<td>Plant-A-Row For The Hungry</td>
<td>Community Synagogue, Port Jewish Center, Temple Beth Israel, Reconstructionist Synagogue</td>
<td>Receive a starter plant to bring home and lessons on how to cultivate your home garden to benefit local soup kitchens and food pantries.</td>
</tr>
<tr>
<td>Organic Garden</td>
<td>Community Synagogue, Chabad</td>
<td>Help plant a garden to cultivate food that will be harvested for those in need and distributed through Plant-A-Row for the Hungry.</td>
</tr>
<tr>
<td>Baked Goods Sale</td>
<td>Community Synagogue, Temple Beth Israel</td>
<td>Proceeds to benefit organizations in Israel that are comparable in mission to the beneficiaries we support locally and nationally.</td>
</tr>
<tr>
<td>Survival Bags</td>
<td>Community Synagogue, Temple Beth Israel, Reconstructionist Synagogue</td>
<td>Assemble necessities and decorate cards for abused children being cared for by the Queens Children’s Advocacy Center. Teddy Bears made by TCS Religious School as their mitzvah project will be donated for the Survival Bags. Backpacks &amp; school supplies for children entering Pre-K will be distributed by Parent Resource Center.</td>
</tr>
<tr>
<td>Spring Cleaning</td>
<td>Community Synagogue</td>
<td>Assemble buckets of cleaning supplies to be distributed to impoverished families on Long Island by the Mid Island Y JCC Food Pantry, a UJA Federation of NY beneficiary agency.</td>
</tr>
</tbody>
</table>
# Mitzvah Project List

**Birthday Celebration Packages**  
*The Community Synagogue, Temple Beth Israel*  
Assemble and create a ‘birthday party in a box’ for young victims of violence and abuse supported by The Safe Center Long Island and for the special Adult Day Programs at the Sid Jacobson JCC, a UJA-Federation beneficiary agency.

**Shabbat Boxes**  
*The Community Synagogue, Temple Beth Israel, Reconstructionist Synagogue*  
Donate and package Shabbat essentials along with a decorated card for Jewish American soldiers stationed in the United States and abroad.

**Smile Kits**  
*The Community Synagogue, Reconstructionist Synagogue*  
Assemble dental hygiene packages to be distributed to the needy by the INN, Long Island Coalition for the Homeless and Hebrew Union College Jewish Institute of Religion Soup Kitchen.

**Bring N' Bake**  
*The Community Synagogue*  
Help stock the Ronald McDonald House of Long Island with items from their wish list (toilet paper, tissues, diapers, baby wipes, bath & hand towels (white only), dishwasher liquid and make a card that will be sent to a child staying at the hospital. While you’re at the table you can sign up to cook or bake to help families staying close to their ill children.

**Playthings for Pets**  
*The Community Synagogue*  
Create toys out of old shirts for homeless pets cared for by the North Hempstead Animal Shelter.

**Project Ezra Senior Luncheon**  
*The Reconstructionist Synagogue of the North Shore*  
Help prepare food, set up and clean up, serve lunch and talk with our guests, homebound elderly from the Lower East Side.

**Teens Help With Technology**  
*The Community Synagogue, Temple Beth Israel, Reconstructionist Synagogue*  
Bring your technology questions and devices for some friendly, one-on-one assistance from our youth group teens. Get tips on how to manage your devices and navigate the internet. Don’t forget to bring your passwords! Donations welcomed to support Israeli beneficiaries.

**Blood Drive**  
*10:00 am–2:30 pm*  
*Chabad of Port Washington*  
The New York Blood Center-Long Island Blood Services will collect greatly needed blood to distribute to hospitals throughout Long Island. (You must be at least 17, weigh over 110 lbs. and be in good health to donate).

**Bone Marrow Registry**  
*The Community Synagogue*  
You can have the power to save a life–join the bone marrow donor registry through The Gift of Life. All that is required is a simple cheek swab. (Ages 18-60).

**Nothing But Nets**  
*The Community Synagogue*  
Bring $1 and shoot some baskets to help purchase insecticide-treated bed nets that help prevent the spread of malaria to Sudanese refugees. Decorate a greeting card to send to Africa along with a net.
<table>
<thead>
<tr>
<th>Project Name</th>
<th>Organizers</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clean the Town</td>
<td>The Reconstructionist Synagogue of the North Shore</td>
<td>Help make our community a better place by participating in a much-needed spring-cleaning from the Town Dock all the way past Sunset Park.</td>
</tr>
<tr>
<td>Coin Roll</td>
<td>The Community Synagogue, Temple Beth Israel, Chabad of Port Washington</td>
<td>Bring loose change and roll coins to support Israeli beneficiaries.</td>
</tr>
<tr>
<td>Alex’s Lemonade Stand</td>
<td>The Community Synagogue, Temple Beth Israel</td>
<td>Make a difference for children with cancer, one cup at a time. Proceeds utilized for research of pediatric cancer and travel programs to help support families of children receiving treatment.</td>
</tr>
<tr>
<td>Knit Preemie Caps</td>
<td>The Community Synagogue, Temple Beth Israel, Chevrat Tefillah</td>
<td>Start today and continue on Mitzvah Day! Email <a href="mailto:mlsiskin@optonline.net">mlsiskin@optonline.net</a> or <a href="mailto:nakaplan@usa.net">nakaplan@usa.net</a> for yarn and knitting instructions. Knit caps will be used by infants in the Neonatal Intensive Care Units of Cohen Children’s Medical Center &amp; North Shore Hospital/Northwell Health.</td>
</tr>
<tr>
<td>Knit Rectangles for Children’s Blankets</td>
<td>The Community Synagogue, Chevrat Tefillah</td>
<td>Start today! Email <a href="mailto:diane.greenlick@gmail.com">diane.greenlick@gmail.com</a> for knitting instructions. Knit 7” x 9” rectangles. On Mitzvah Day help sew the rectangles into blankets. To be donated to teens living in residential treatment centers as part of the Sanctuary Stitchers Program of the Jewish Board of Family and Children’s Services, a UJA-Federation of New York beneficiary agency.</td>
</tr>
<tr>
<td>No-Sew Blankets</td>
<td>The Community Synagogue, Temple Beth Israel</td>
<td>Create easy to make fleece blankets for infants in the Neonatal Intensive Care Units of Cohen Children’s Medical Center &amp; North Shore Hospital/Northwell health.</td>
</tr>
<tr>
<td>Flower Pot Decorating and Planting</td>
<td>The Community Synagogue</td>
<td>Brighten the day of seniors at the Port Washington Senior Center by planting flowers and decorating flower pots for them.</td>
</tr>
<tr>
<td>Chayal el Chayal</td>
<td>Chabad of Port Washington</td>
<td>Help support lone soldiers in the Israel Defense Force. We are providing waterproof backpacks, telephone cases, portable batteries, telephone chargers and multi-use travel tools. Items can be ordered at Chabad every Sunday.</td>
</tr>
<tr>
<td>Tefillin Wrapping</td>
<td>The Community Synagogue 11:30 am – 12:15 pm</td>
<td>Learn from Rabbi Shalom Paltiel about the spiritual context of wrapping Tefillin.</td>
</tr>
<tr>
<td>Mikvah Tour</td>
<td>Chabad of Port Washington Noon- 1:30pm</td>
<td>Learn from Sara Paltiel about an ancient Mitzvah in a spa-like setting.</td>
</tr>
</tbody>
</table>

Mitzvah Project List (cont’d)
Drives and Donations
Advanced drop off beginning in April – details distributed by individual synagogues

Non-Perishable Food Drive
The Community Synagogue, Port Jewish Center, Reconstructionist Synagogue
Donate canned and boxed foods. Distributed to those in need by The Interfaith Nutrition Network (The INN), LI Coalition for the Homeless, and Queens Jewish Community Center, a UJA Federation of NY beneficiary agency.

Apples & Oranges Fruit Drive
The Community Synagogue
Collect fresh fruit for the Port Washington Senior Center and the Economic Opportunity Council. Drop off beginning 5/12.

Coat Drive
The Community Synagogue, Temple Beth Israel, Reconstructionist Synagogue, Port Jewish Center
Gently used coats of all sizes. Distributed by Tik-tok Alliance of the North Shore to local Port Washington families.

Jeans Drive
The Community Synagogue, Temple Beth Israel, Reconstructionist Synagogue
Gently used jeans of all sizes. Must be washed. Distributed to those in need by the Young Israel of New Hyde Park’s clothing pantry and the Metropolitan Council of Jewish Poverty, a UJA Federation of NY beneficiary agency.

B’nai Mitzvah Sweatshirt Drive
The Community Synagogue, Reconstructionist Synagogue, Chabad
Gently used sweatshirts. Distributed to the Martin Luther King Community Center, Shalom Center of Crown Heights, Shelters in Manhattan and the Bronx

Men and Boys Professional Clothing and Formalwear Drive
The Community Synagogue, The Reconstructionist Synagogue of the North Shore

Women’s Dressy Dress, Professional Clothing and Accessories Drive
The Community Synagogue, Temple Beth Israel, Reconstructionist Synagogue, Port Jewish Center, Chabad
Gently used on hangers: Dresses-Blouses-Blazers-Suits-Skirts-Pants-Belts-Costume Jewelry-Wraps. Donated to Young Israel of New Hyde Park’s clothing pantry.

Emergency Kit Drive
Temple Beth Israel
Donate easy to use flashlights, radios and batteries. To be distributed to seniors during times of crisis by the Port Washington Crisis Relief Team.

Bicycle and Helmet Drive
Port Jewish Center
11:00 am-2:00 pm on May 15 only
Adult and children’s bikes in repairable condition. Provided to local Port Washington families in need.

Travel Size Toiletries Drive
The Community Synagogue, Temple Beth Israel, Port Jewish Center, Reconstructionist Synagogue, Chabad
NEW–Travel Size Shampoo-Conditioner-Soap-Body Wash-Toothbrush-Toothpaste-Moisturizer-Deodorant-Q-Tips-Nail Polish-Perfume. Provided to victims of domestic violence and other recipients. To be distributed by the Queens Children’s Advocacy Center and The INN.

Art Supply Drive
The Community Synagogue

Cleaning Supply Drive
The Community Synagogue
NEW–Kitchen & Bathroom Cleaner–Paper Towels–Laundry Detergent–Cleaning Wipes–Garbage Bags (all items not covered by food stamps). Distributed to families in need by the Mid Island Y JCC Food Pantry, a UJA-Federation of NY beneficiary agency.

Book Drive
The Community Synagogue
Gently used or new books. Young adult and teen chapter books to be distributed to patients at Cohen’s Children’s Medical Center/Northwell Health. Adult and children’s books to be distributed to families supported by The Safe Center Long Island.

iPod Drive
The Community Synagogue
Used or new iPods to be used by the Gurwin Jewish Nursing Rehabilitation Center, a UJA Federation of NY beneficiary agency, in their Music and Memory Program to help residents with behavioral and cognitive impairments.